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# SLEEP REVOLUTION

### General Assembly 4<sup>th</sup> & 5<sup>th</sup> June 2025

# Interdisciplinary Sleep Medicine Center at Charité-Universitätsmedizin Berlin





## 1. Getting to Berlin

#### Berlin Brandenburg Airport (BER):

Berlin Brandenburg Airport (BER) "Willy Brandt" (Flughafen Berlin Brandenburg (BER) "Willy Brandt")		
Address	Willy-Brandt-Platz 2, 12529 Schönefeld	
Information service	Phone +49 30 6091 6091 0	
Information webpage	https://ber.berlin-airport.de/de.html	
Distance airport-Central Station	Airport - City center: 31 KM	
CCM approx.	Charité Campus Mitte (CCM): 33 KM	
Taxi from airport to Charité Campus Mitte (CCM)	Around 40 - 60 Euros	

#### AIRPORT TRANSPORT CONNECTIONS

TAXI:

- Uber
- Bolt (Cheapest and can be downloaded from app store)
- Airport Taxi (Most Expensive)

#### TRAIN:

Train tickets can be bought on <u>every platform</u>. When travelling from the airport to central you must buy a ticket that covers zones A B C (4.40E). Once within the city, you will only need a ticket that covers zone A B (3.50E).

Alternatively, you can buy tickets via an app: <u>BVG Tickets Berlin</u> <u>https://apps.apple.com/de/app/bvg-tickets-bus-bahn-berlin/id1232772818?amp%3Bct=Go-Live&amp%3Bmt=8&pt=118040828</u> <u>https://play.google.com/store/apps/details?id=de.bvg.ticket&hl=de&gl=DE&pli=1</u>

- <u>FEX Express Train</u>: Berlin Central Station, Hauptbahnhof (travel time of around 31 minutes)
- <u>S9 Train:</u> Other train stations plus Central station (travel time of around 1 hour and 20 minutes to reach central station)
- <u>Regional trains:</u> Selected regional trains also pass through central station.

#### MAIN TRAIN & BUS STATIONS

Berlin Central Station	
Address	Hauptbahnhof, Europaplatz 1, 10557 Berlin
Phone Number	+49 0302971055



# 2. Getting around Berlin

- Public transport runs 24 hours and rarely has delays.
- Public transportation official website <u>https://www.bvg.de/en</u>

• For tourist information on what to visit in Berlin we suggest the webpage <u>https://www.visitberlin.de/en/sights-berlin</u>

Types of transport in Berlin

(NOTICE: Please copy and paste each link below into web browser to be able to view)

- Underground (U-Bahn): Tickets, fares, lines, routes, timetables and more information about the U-Bahn (subway, underground) in Berlin <u>https://www.berlin.de/en/public-</u> <u>transportation/1742343-2913840-underground-subway.en.html</u>
- Overground (S-Bahn): Lines, timetables and tickets for S-Bahn Berlin. <u>https://www.berlin.de/en/public-transportation/1746751-2913840-sbahn.en.html</u>
- Tram: Routes, timetables, fares and more information on the Berlin tram network. https://www.berlin.de/en/public-transportation/1748248-2913840-tram-metrotram.en.html
- Bus: Bus lines, timetables, night buses and more about bus service in Berlin. <u>https://www.berlin.de/en/public-transportation/1747304-2913840-buses-bus-routes.en.html</u>



### 3. How to get to Charité Campus Mitte (CCM)

#### CONNECTIONS TO REACH CCM

**CCM is located in central Berlin right next to Berlin Central Station**, which means it is very easy to reach. Please note that the meeting will take place at <u>Charité Campus Mitte</u> and not any other Charité campuses.

The public transport stations surrounding CCM are as follows:

Bus: 147 Bus route drops you right outside the campus, other close bus routes are 142 and 245.

Tram: M5, M8, and M10 all stop close to CCM, this will require a 2 minute walk to reach the campus.

Underground: The U5 from the Bundestag is the closest metro station, with a 9 minute walk to reach the campus. Followed by the U6 from the Naturkundemuseum, with a 10 minute walk to reach the campus.

Overground: S1, S2, S25, S26 from Oranienburger str. S-bahn station, with an 18 minute walk.

Pricing of public transport:

There is only one type of public transport ticket in Berlin that covers all modes of transport. The only difference in tickets is which zone you travel in. Tickets can be bought on every underground and overground platform. When travelling from the airport to central you must buy a ticket that covers zones A B C (4.40E). Once within the city, you only need a ticket covering zone A B (3.50E).

Alternatively, you can buy tickets via an app: BVG Tickets Berlin https://play.google.com/store/apps/details?id=de.bvg.ticket&hl=en\_GB&gl=US&pli=1

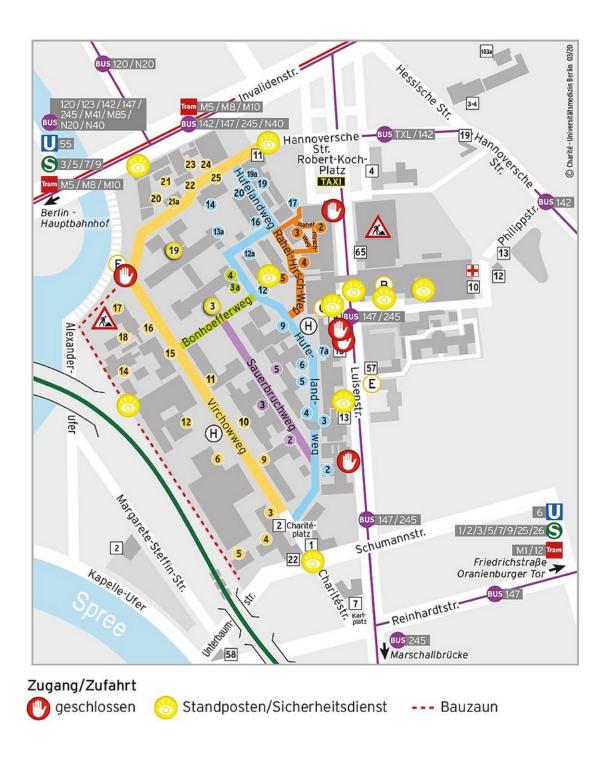
https://apps.apple.com/de/app/bvg-tickets-bus-bahn-berlin/id1232772818

Should you need to take a taxi:

- o Uber (app)
- Bolt (app <u>Recommended</u> Cheapest and can be downloaded from app store)
- Airport Taxi (Most Expensive)
- Taxi Berlin: +49 30 20 20 20
- Würfelfunk: +49 30 21 01 01
- TaxiFunk Berlin: +49 30 44 33 22
- Quality Taxi: +49 30 26 300 0
- o City-Funk Berlin: +49 30 21 02 02
- Funk Taxi Berlin: +49 30 26 10 26
- Talixo: +49 30 346 497 360
- EcoTaxi: +49 30 210 10 20



#### Map of CCM





## 4. Accommodation

Here are some suggestions for an accomodation close to CCM:
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HOTEL	WEB	Distance
Hotel AMANO Grand Central	https://www.amanogroup.de/de/hotels/amano-grand- central/	1km from Charité Campus Mitte
MOTEL ONE BERLIN- HAUPTBAHNHOF	https://motel-one-berlin-hauptbahnhof.hotel-ds.com/de/	1.3km from Charité Campus Mitte
Mercure Hotel Berlin City	https://mercure-hotel-berlin-city.hotel-mix.de/de/	700m from Charité Campus Mitte
Adina Apartment Hotel Berlin Mitte	https://www.adinahotels.com/de/apartments/berlin-mitte/	350m from Charité Campus Mitte
IntercityHotel Grand Central – Berlin	https://intercityhotelberlin.com/de/	1.1km from Charité Campus Mitte
Meliá Berlin	https://www.melia.com/de/hotels/deutschland/berlin/melia- berlin	1.4km from Charité Campus Mitte
Martas Hotel Albrechtshof	https://martas.org/hotels/martas-hotel-albrechtshof-berlin	1km from Charité Campus Mitte

Contact:

For further questions, please contact: <u>matthew.salanitro@charite.de</u>